

Name: _____ Date: _____

DIRECTIONS While viewing your video, use this sheet to help you improve on your performance from the mid-year video. This will also give you your direction for the end of the year reflection video.

After watching your mid-year reflection video through once or twice, please comment on the following (two to three sentences):

How would you describe your dress? _____

Describe your hygiene or physical appearance. _____

Describe the background (both visual and audio) of the video. _____

How well did you communicate? _____

Summarize the message or content in your video. _____

What skill or ability did you mention in your video? Either describe your development of this skill or ability since the video was shot, or describe another skill or ability that you developed this year.

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Describe another challenge that you had this year at your site. How did you address the challenge?

Summarize the work that you did at your site this year that served the community or involved civic responsibility.

Thinking about what you were learning, and who you were when you recorded this video, discuss how you have changed as a result of your internship work.

What was the goal that you mentioned in your video? Is this still your goal? If so, how have you worked on this goal? If not, what is your new goal? How will you work towards this goal in the future?
