

Final Reflection/Portfolio

LESSON GOAL

Prepare a thoughtful video reflection of the school year.

ESSENTIAL QUESTION

What can reflection teach me about myself?

INTEGRATING TECHNOLOGY

ANNOUNCEMENT

- Check Announcements for any information about assignments and due dates.

MY PORTFOLIO

- Submit work to My Portfolio.

MY WORKSPACE

- Prepare your assignments in My Workspace.

LESSONS

- Review the lesson.
- Complete assignment.
- Submit assignment.

ASSIGNMENTS

- Use Assignments to submit your artifacts and reflections.

GRADEBOOK

- Check Gradebook for your lesson evaluation.

SCHEDULE

- Check schedule for assignments and due dates.

COMMUNICATE

with your teacher or other students if desired

- Blogger
- Chat Room
- Drop box
- Mailtool

3-4 class periods

LESSON OVERVIEW

Before the end of the year, it is beneficial to reflect on the progress you've made and the goals you have accomplished. Reflections are also a good opportunity to think about the challenges you've encountered and what growth can result from all of it.

In this lesson, you will video tape your prepared reflection that uses your previous reflection assignments as guidance and inspiration.

STUDENT EXPECTATIONS

1. Participate in a discussion about the value of reflection.
2. Complete the *Mid-Year Video Breakdown*.
3. Prepare your reflection for taping by reviewing previous reflections and by answering the *Final Reflection Questions*.
4. Practice performing the reflection with a peer.
5. Tape reflection.
6. Reflect on questions about the assignment.

There are three assignments in the lesson. The first is to answer reflection questions. The second is to produce a final reflection video. The third is to write a reflection about the video experience.

Here are the ways you can succeed in this lesson

1. Engage in classroom discussions fully by offering thoughtful responses.
2. Carefully review your journal entries and answer the questions thoughtfully demonstrating awareness and insight.
3. Thoughtfully review Mid-Year Video performance and incorporate changes in final reflection based on review.
4. Make sure your reflection demonstrates excellent preparation and expresses extensive reflection.
5. Take initiative to write a thoughtful reflection that demonstrates understanding of the value of reflection.



ASSIGNMENT 1

In class you have discussed the benefits of reflection. You have established a personalized internship journal and have entered a written reflection on your internship experience so far.

Now use your journal entries to answer the *Final Reflection Questions* by following these steps.

1. Read the *Final Reflection Questions*.
2. Read through your journal. Highlight or underline key parts of your entries that will help you answer the questions.
3. Answer the *Final Reflection Questions* using specific informa-

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- tion and examples from your journal.
- Use the *Sakai* Assignments Tool to submit your answers for evaluation.



ASSIGNMENT 2

In class you have discussed the benefits of reflection. You have answered the *Final Reflection Questions* and you have used the *Mid-year Video Breakdown* to analyze your mid-year video reflection. Now follow these steps to plan and produce your Final Reflection Video.

- Use the *Mid-Year Video Breakdown* to analyze your mid-year video and plan for your final reflection.
- Pay particular attention to the goal you set mid-year and reflect on these questions.
 - Did you achieve your goal?
 - If so, how did you do it?
 - If not, then why did you not achieve it?
- Use the answers from the *Mid-Year Video Breakdown* to develop one note card per question.
- Use the note cards to practice your final reflection.

- Rehearse twice before shooting the video. Have your partner review the first rehearsal and provide feedback based on the issues in the *Mid-Year Video Breakdown*.
- Incorporate your partner's feedback into the second rehearsal.
- Schedule a time with your teacher to arrange equipment and a time for your videotape sessions.
- Use the *Sakai* Assignments Tool to submit your video for evaluation.



ASSIGNMENT 3

In class you have discussed reflection, answered reflection questions, and have produced a final reflection video. Consider these experiences as you write about the following questions. When you have finished, use the *Sakai* Assignments Tool to submit your answers for evaluation.

- After viewing your newest video, what do you feel you improved upon?
- What do you think you still need to work on?
- Describe your preferred means of communication (talking, writing, email, etc.).

Multiply the points by the weighted score and record in the total column for each rubric. Then tally the total points for the final score.

| Weighted Score | Category | Exceeding 9-10 Points | Meeting 6-8 Points | Approaching 3-5 Points | Emerging 0-2 Points | Total |
|----------------|---|--|--|--|---|-------|
| 2 | ASSIGNMENT 1 Final Reflection Questions Answer reflection questions by reviewing journal entries. | Carefully reviewed journal entries and answered questions thoughtfully demonstrating awareness and insight. | Answered all the questions. | Answered most or some of the questions, perhaps with some scant answers. | Little or no attempt to answer the questions. | |
| 3 | ASSIGNMENT 2 Video Taping Rehearse, prepare, revise, and produce a final reflection on video tape. | Video demonstrates excellent preparation and expresses extensive reflection. | Video demonstrates preparation and expresses reflection. | Video is somewhat prepared and expresses some reflection. | Made a minimal or no effort to complete the video. | |
| 2 | ASSIGNMENT 3 Reflection Reflect in writing on the video reflection. | Took initiative to write a thoughtful reflection that demonstrated understanding of the value of reflection. | Completed a reflection on self reflection process. | Made a minimal effort to complete reflection assignment. | Did not participate in writing reflection assignment. | |