

Self Efficacy Rubric

Name: _____ Date: _____

Teacher: _____

LESSON GOAL Develop self efficacy.

ESSENTIAL QUESTION What are strategies for growing and changing for the better?

STUDENT EXPECTATIONS

1. Complete a self-efficacy survey.
2. Engage in and discuss an activity that demonstrates sources of self efficacy.
3. Identify tasks that develop self-efficacy strategies.
4. Establish a goal and plan to use self-efficacy strategies to achieve the goal.
5. Write a reflection on self efficacy.

Multiply the points by the weighted score and record in the total column for each rubric. Then tally the total points for the final score.						
Weighted Score	Category	Exceeding 9-10 Points	Meeting 6-8 Points	Approaching 3-5 Points	Emerging 0-2 Points	Total
1	Discussion Complete the Self-Efficacy Quiz and participate in a discussion about self efficacy.	Thoughtfully completed the survey and engaged in classroom discussions fully by offering insightful responses.	Completed the survey and participated in class discussions.	Completed most of the survey. Did not offer comments during discussions but looks engaged and demonstrates active listening.	Made an attempt to complete the survey but did not participate in classroom discussions.	
1	Paper Clip Toss Experience, observe, and discuss sources of self efficacy.	Engaged in the activity and demonstrated understanding of sources of self efficacy.	Participated in the activity and discussion.	Made an effort to participate in the activity.	Did not participate in the activity.	
1	Self Efficacy Strategies Work with a partner to identify tasks to demonstrate understanding of self efficacy strategies.	Thoughtfully, cooperatively, and creatively identified tasks to build self efficacy strategies.	Developed tasks for self efficacy strategies.	Made an effort to complete the assignment.	Completed little or no parts of the assignment.	
3	<input checked="" type="checkbox"/> ASSIGNMENT 1 Personal Strategies Identify a goal and tasks to take responsibility for achieving the goal.	Developed a meaningful goal and used self efficacy strategies to identify tasks to accomplish the goal.	Developed a short-term goal and identified tasks to accomplish it.	Made a moderate effort develop a goal and identify tasks to achieve it.	Made minimal or no effort to develop a goal or identify tasks to achieve it.	
1	Individual Plan Review Provide a status update of progress toward personal goal.	Used self reflection to thoroughly analyze the progress toward the planned goal and the demonstration of self efficacy to achieve the goal.	Provided a status update of progress toward the personal goal with some self reflection.	Provided a status update of progress toward the personal goal with minimal self reflection.	Provided little or no status update.	
3	<input checked="" type="checkbox"/> ASSIGNMENT 2 Reflection Reflect on personal self efficacy.	Thoughtfully reflected on self efficacy, demonstrating understanding of how it impacts achievement.	Completed the reflection of self efficacy.	Made an attempt to complete the reflection on self efficacy.	Did not complete the reflection on self efficacy.	