

Name: _____ Date: _____

Teacher: _____

LESSON GOAL Identify and demonstrate decision making responsibility and the need for impulse control.

ESSENTIAL QUESTION How can I recognize and control impulsive decision making?

STUDENT EXPECTATIONS

1. Participate in discussions about decision making and impulse control.
2. Reflect and write about one's decision making process and decision making history.
3. Identify impulsive behavior, possible consequences, and strategies to control impulses.
4. Write a reflection about decision making and impulse control.

Multiply the points by the weighted score and record in the total column for each rubric. Then tally the total points for the final score.						
Weighted Score	Category	Exceeding 9-10 Points	Meeting 6-8 Points	Approaching 3-5 Points	Emerging 0-2 Points	Total
1	Discussion Contribute to discussion to develop an understanding of how important decision making and impulse control are.	Took initiative in discussion about the importance of impulse control.	Contributed to discussion about the importance of impulse control.	Made minimal contribution to discussion about the importance of impulse control.	Did not participate in discussion or demonstrate about the importance of impulse control.	
3	<input checked="" type="checkbox"/> ASSIGNMENT 1 Timeline Identify and record on a timeline of significant decisions and their consequences over the period of one's life.	Worked creatively and thoughtfully to create a comprehensive timeline that identifies 8-10 decisions and wrote a careful analysis of decision-making patterns.	Created a comprehensive timeline that identified 7-9 decisions and summarized decision making patterns.	Created a timeline that identifies 4-6 decisions and wrote a summary of it.	Created a timeline that identifies 1-2 decisions and made a minimal effort to summarize it.	
4	<input checked="" type="checkbox"/> ASSIGNMENT 2 Impulse Control Identify and describe 10 opportunities for impulse control.	Compiled a thorough list of 10 areas where impulse control is needed.	Compiled a list of 10 areas where impulse control is needed.	Compiled a list of 6-9 areas where impulse control is needed.	Compiled a list of 2-5 areas where impulse control is needed.	
2	<input checked="" type="checkbox"/> ASSIGNMENT 3 Reflection Demonstrate understanding of impulse control.	Thoughtfully reflected on the importance of impulse control.	Completed the reflection and demonstrated understanding of impulse control.	Made an attempt to complete the reflection that demonstrates understanding of impulse control.	Did not complete the reflection or demonstrate understanding of impulse control.	