

LESSON GOAL

Create a PEP that is specific to your goals and desires, with detailed descriptions on current status and plans to reach goals, including the commitment to refer back to the PEP often and confer with teachers and advisor.

ESSENTIAL QUESTION

What is my educational plan and how do I achieve my goals?

INTEGRATING TECHNOLOGY

ANNOUNCEMENT

- Check Announcements for any information about assignments and due dates.

MY PORTFOLIO

- Submit work to My Portfolio.

MY WORKSPACE

- Prepare your assignments in My Workspace.

LESSONS

- Review the lesson.
- Complete assignment.
- Submit assignment.

ASSIGNMENTS

- Use Assignments to submit your artifacts and reflections.

GRADEBOOK

- Check Gradebook for your lesson evaluation.

SCHEDULE

- Check schedule for assignments and due dates.

COMMUNICATE

with your teacher or other students if desired

- Blogger
- Chat Room
- Drop box
- Mailtool

2-3 class periods

LESSON OVERVIEW

Many successful people take the time to reflect on their current state of affairs, decide what they want to do next and how they are going to do it. You've probably heard the phrase, "go slow to go fast." What does this mean? Why might this saying have some truth in it? Perhaps, too often we are in such a rush to get the next task done that we end up spending more time doing it - or getting poorer results - than would have been possible if we had just slowed down enough to make a well thought out plan.

A PEP, personal education plan, is a way to document taking stock and setting goals. A PEP is only as helpful as the time and thought you put into it, including the time spent revisiting and revising to make changes and document new progress.

STUDENT EXPECTATIONS

1. Participate in discussion about why people make plans and set goals.
2. Complete the *PEP Packet* by following the *PEP Checklist*.

There are six sections to fill out as you navigate throughout the PEP. Continue to refer back to the checklist and your advisor to stay on track. Plan on revisiting your PEP often.

Here are the ways you can succeed in this lesson

1. Develop a complete, thoughtful and thorough list of teacher suggestions.
2. Analyze a complete, thoughtful and thorough list of strengths and weaknesses.
3. Create a complete, effective, measurable, attainable, thoughtful and thorough set of short term goals.
4. Develop a complete, effective, measurable, attainable, thoughtful and thorough set of long term goals.
5. Develop a complete, thoughtful and thorough record of progress in academic and experiential courses.
6. Thoughtfully and thoroughly complete the PEP and submit it for evaluation.
7. Write a complete, thoughtful and thorough reflection on your PEP process.



ASSIGNMENT 1

In class you should have participated in discussion on the importance of planning and setting goals. You were guided through the six steps of completing the PEP packet with examples and support from your advisor and classmates.

1. Complete the PEP packet.
2. Use the *Sakai* Assignments Tool to submit your PEP for evaluation.



ASSIGNMENT 2

After you completed the PEP, you will draw upon this experience to write a reflection thoughtfully answering these questions.

1. Now that you have completed the PEP, which goal are you most anxious about accomplishing?
2. Which goal are you most nervous about?
3. How do you think you will do on accomplishing all of your goals?
4. Do you feel like you have a plan you can work with?
5. Do you feel better about your classes now?

Use the *Sakai* Assignments Tool to submit your reflection for evaluation.

Multiply the points by the weighted score and record in the total column for each rubric. Then tally the total points for the final score.

Weighted Score	Category	Exceeding 9-10 Points	Meeting 6-8 Points	Approaching 3-5 Points	Emerging 0-2 Points	Total
1	ASSIGNMENT 1 Review the Complete PEP and submit it for evaluation.	Thoughtfully and thoroughly completed the PEP and submitted it for evaluation.	Completed the PEP and submitted it for evaluation.	Made an attempt to complete the PEP and submit it.	Made minimal effort to complete the PEP.	
1	ASSIGNMENT 2 Reflection Reflect thoughtfully while completing the PEP and submit a reflection on this process.	Completed, thoughtful and thorough reflection.	Somewhat completed, thoughtful and thorough reflection.	Minimally completed, thoughtful and thorough reflection.	Did not turn in reflection.	