

Introduction of Self

LESSON GOAL

Identify and summarize personal strengths and goals, and describe how school life and personal lives are related.

ESSENTIAL QUESTION

How can I present myself most effectively to different communities of people?

INTEGRATING TECHNOLOGY

ANNOUNCEMENT

- Check Announcements for any information about assignments and due dates.

MY PORTFOLIO

- Consider submitting your work in this lesson to My Workspace for inclusion in My Portfolio.

MY WORKSPACE

- Complete your assignments in My Workspace.

LESSONS

- Review the lesson
- Complete assignments.
- Submit assignments

ASSIGNMENTS

- Use Assignments to submit your artifacts and reflections.

GRADEBOOK

- Check Gradebook for your lesson evaluation.

SCHEDULE

- Check schedule for assignments and due dates.

COMMUNICATE

- with your teacher or other students if desired
 - Blogger
 - Chat Room
 - Drop box
 - Mailtool

This lesson will require one session to do the power point and to begin the reflection process. The videotaping may require another lesson, or it may mean that the students are pulled out of academic classes for a total of ten minutes.

LESSON OVERVIEW

“By three methods we may learn wisdom: first, by reflection, which is noblest; second, by imitation, which is easiest; and third, by experience, which is the most bitter.”

This is a quote from Confucius who lived 551-479 BC and was China’s most famous teacher, philosopher, and political theorist.

In this lesson you’ll create a video reflection that introduces yourself to others. You’ll think about what your goals and values are and where you have come from. As Confucius says, “this is a noble way of learning wisdom.”

STUDENT EXPECTATIONS

1. Participate in the introductory activity with the class.
2. Complete the **Introduction of Self Assignment**.
3. Prepare and tape answer to the **Video Prompt Question**.
4. Update your Identity page to include all parts of this lesson.
5. Complete reflection about the lesson.

There are two assignments in this lesson. In the first, you will prepare, practice, and produce a video introduction to self and then upload it into My Portfolio. In the second assignment, you will reflect on creating this self introduction.

Here are the ways you can succeed in this lesson.

1. Engage in the presentation about personal profiles and take initiative to constructively contribute to the discussion.
2. Thoughtfully and thoroughly answer all questions in the assignment and submit them appropriately in a timely manner.
3. Carefully construct an outline for the video introduction of self and rehearse so you are ready for the video taping.
4. Produce an interesting and thoughtful introduction of self video and update My Portfolio in a timely manner.
5. Write a thoughtful reflection that addresses all questions and demonstrates understanding of the value of video reflection.

Introduction of Self



ASSIGNMENT 1

In class you participated in the *Beginning Exercise* presentation and completed the *Introduction of Self Assignment*. Now use the answers to the questions and prepare an outline for your video introduction of self. Follow these steps to cover all the points.

1. Print out your answers to the Assignment questions.
2. Identify three primary points from your answers. These could be goals or strengths you have.
3. Write an introduction and a conclusion for your video.
4. Practice your video script. Make sure it is under two minutes and provides a real self introduction.
5. Schedule a time for your videotaping.

When you have completed your video, and it has been approved, upload the video, and your *Introduction of Self Assignment* to My Portfolio.



ASSIGNMENT 2

In class you participated in the *Beginning Exercise* presentation and you wrote and produced a video introduction to self. Then you uploaded the video and your *Introduction of Self Assignment* to My Portfolio.

Think of these experiences as you reflect in writing on the following questions. When you are satisfied with your reflection use the *Sakai* Assignments Tool to submit it for evaluation.

Multiply the points by the weighted score and record in the total column for each rubric. Then tally the total points for the final score.

Weighted Score	Category	Exceeding 9-10 Points	Meeting 6-8 Points	Approaching 3-5 Points	Emerging 0-2 Points	Total
3	ASSIGNMENT 1 Video Complete an introduction to self video.	Produced an interesting and thoughtful introduction of self video and updated My Portfolio in a timely manner.	Produced the introduction of self video and updated My Portfolio.	Produced the introduction of self video and made an effort to update My Portfolio.	Made a minimal effort to produce the introduction of self video or update My Portfolio.	
2	ASSIGNMENT 2 Reflection Complete a reflection about the value of video reflection.	Wrote a thoughtful reflection that addressed all questions and demonstrated understanding of the value of video reflection.	Completed a reflection that demonstrated some understanding of the value of video reflection.	Made an effort to complete a reflection that demonstrated some understanding of the value of video reflection.	Made minimal effort to complete the reflection.	