

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Identify Short-term Goals

A short-term goal is one that you are trying to achieve within a few months, e.g. a semester.

List 3 short-term goals that you will use to improve your academic success.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

List 3 short-term goals that you will use to improve your experiential work.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

List 3 short-term goals that you will use to improve your personal growth.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

List 3 of your strengths that will help you accomplish your goals.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

List three weaknesses or struggles/obstacles that might make it difficult to achieve your goals.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Remember!**  
**Specific**  
**Measurable**  
**Attainable**  
**Relevant**  
**Time bound**