

### LESSON GOAL

Set personal goals and create a personalized education plan, looking back on previous work and looking forward to the future.

### ESSENTIAL QUESTION

What strategies can I use to set SMART (specific, measurable, attainable, relevant, and time-bound) goals for myself?

### INTEGRATING TECHNOLOGY

#### ANNOUNCEMENT

- Check Announcements for any information about assignments and due dates.

#### MY PORTFOLIO

- Submit work to My Portfolio.

#### MY WORKSPACE

- Prepare your assignments in My Workspace.

#### LESSONS

- Review the lesson
- Complete assignments.
- Submit assignments

#### ASSIGNMENTS

- Use Assignments to submit your artifacts and reflections.

#### GRADEBOOK

- Check Gradebook for your lesson evaluation.

#### SCHEDULE

- Check schedule for assignments and due dates.

#### COMMUNICATE

- with your teacher or other students if desired
  - Blogger
  - Chat Room
  - Drop box
  - Mailtool

1 class period plus out of class time

### LESSON OVERVIEW

Lewis Carroll, author of *Alice in Wonderland*, wrote, “If you don’t know where you are going, any road will get you there.” What do you want to do in your life? How will you achieve your goals? These are critical questions you can ask yourself at any time. People who establish goals for themselves tend to be much more successful than those who don’t know where they are headed.

In this lesson, you’ll develop short- and long-term goals for yourself.

### STUDENT EXPECTATIONS

1. Participate in small and whole group discussions about SMART goals.
2. Develop short- and long-term goals.
3. Complete the personalized education plan.
4. Set up and meet with teachers to complete the *Academic Check-In*.
5. Meet with advisor to review the *PEP*.
6. Follow through on short- and long-term goals.
7. Compose a reflection on goal setting.

There are two assignments in this lesson that require you to complete and reflect on all parts of your personal education plan.

### Here are the ways you can succeed in this lesson.

1. Take appropriate initiative to contribute to understanding of SMART goals.
2. Make a conscientious, thoughtful effort to complete the *PEP*.
3. Develop short-term goals that are thoughtful and SMART.
4. Develop long-term goals that are thoughtful and SMART.
5. Meet with all teachers and have them complete the *Academic Check-In*.
6. Take initiative to set up a meeting with advisor to thoughtfully discuss and review the *PEP*.
7. Take responsibility to follow through on at least 75% of goals.
8. Thoughtfully reflect on goal setting.



## ASSIGNMENT 1

In class you learned about SMART goals and went over all parts of your Personal Education Plan (PEP). Complete all parts of the **PEP** listed on the **PEP Checklist** and then use the **Sakai Assignments Tool** to submit your entire **PEP** for evaluation.

The parts include:

- **Academic Check-In** (Review of student work to be completed by teachers)
- **Teacher's Suggestions** (Summary of teacher suggestions to be completed by student)
- **Self-Assessment of Strengths and Weaknesses** (Self-reflection to be completed by student based in part on teacher and advisor discussions and comments)
- **Goals for This Year and Next** (SMART long-term goals to be completed by student)
- **Short Term Goals for Current Semester** (SMART short-term goals to be completed by student)



## ASSIGNMENT 2

Once you have completed all parts of your personal education plan (PEP), write a reflection on the following questions. Use the **Sakai Assignments Tool** to submit your reflection for evaluation.

- Now that you have completed your assignment, what goal are you most anxious about accomplishing?
- Which goal are you most nervous about?
- How do you think you will do on accomplishing all of your goals?
- Do you feel like you have a plan you can work with?
- Do you feel better about your classes now?

Multiply the points by the weighted score and record in the total column for each rubric. Then tally the total points for the final score.

Weighted Score	Category	Exceeding 9-10 Points	Meeting 6-8 Points	Approaching 3-5 Points	Emerging 0-2 Points	Total
2	<b>ASSIGNMENT 1</b> <b>Completion of the PEP</b> Complete the entire PEP.	Made a conscientious, thoughtful effort to complete the PEP.	Made a solid effort to complete the PEP.	Made an attempt to complete most of the PEP.	Made a minimal effort to complete the PEP.	
1	<b>ASSIGNMENT 2</b> <b>Reflection</b> Compose a reflection on goal setting.	Thoughtfully reflected on goal setting.	Completed the reflection on goal setting.	Made an effort to complete the reflection on goal setting.	Made a minimal effort to complete the reflection on goal setting.	