

### LESSON GOAL

Demonstrate effective communication strategies.

### ESSENTIAL QUESTION

How can I develop my interpersonal communication skills?

### INTEGRATING TECHNOLOGY

#### ANNOUNCEMENT

- Check Announcements for any information about assignments and due dates.

#### MY PORTFOLIO

- Submit work to My Portfolio.

#### MY WORKSPACE

- Prepare your assignments in My Workspace.

#### LESSONS

- Review the lesson
- Complete assignment
- Submit assignment.

#### ASSIGNMENTS

- Use Assignments to submit your artifacts and reflections.

#### GRADEBOOK

- Check Gradebook for your lesson evaluation.

#### SCHEDULE

- Check schedule for assignments and due dates.

#### COMMUNICATE

- with your teacher or other students if desired
  - Blogger
  - Chat Room
  - Drop box
  - Mailtool

1 class period

### LESSON OVERVIEW

What's the difference between a great communicator and a poor communicator? You know how frustrating it can be when no one seems to be listening to you or when you are misunderstood. Communication is a two-way street. In order to be heard, you also have to listen.

In this lesson, you'll explore strategies for improving your interpersonal communication process.

### STUDENT EXPECTATIONS

1. Participate in an *Introduction to Interpersonal Communications* presentation by taking notes.
2. Practice interpersonal communication skills (paraphrase, eye contact, body language, clarify, summarize, limit distractions, and I statements).
3. Participate in discussions about interpersonal communication.
4. Compose a reflection of the results of using constructive interpersonal skills.

There is one assignment in this lesson that requires you to write a reflection about what you learned about how you can improve your communication skills.

### Here are the ways you can succeed in this lesson.

1. Engage in the presentation and take appropriate initiative to contribute examples and understanding of interpersonal communications.
2. Effectively and creatively practice all interpersonal skills in the skill practice, demonstrating understanding of interpersonal communication processes.
3. Take initiative to contribute to discussion demonstrating understanding of interpersonal communication processes.
4. Thoughtfully reflect on the interpersonal communication skills and identify constructive ways to use that knowledge in and out of school.



## ASSIGNMENT

In class you took notes in a *Communication Skills* presentation, you discussed communication skills, and you practiced them with a partner. Think of these experiences as you write a reflection on the following prompt. Use the *Sakai* Assignments Tool to submit your reflection for evaluation.

After practicing the active listening skills and “I” statements, I will be better able to ...

Multiply the points by the weighted score and record in the total column for each rubric. Then tally the total points for the final score.

Weighted Score	Category	Exceeding 9-10 Points	Meeting 6-8 Points	Approaching 3-5 Points	Emerging 0-2 Points	Total
3	<b>ASSIGNMENT</b> <b>Reflection</b> Reflect on applications of interpersonal skills.	Thoughtfully reflected on the interpersonal communication skills and identified constructive ways to use that knowledge in and out of school.	Completed the reflection, demonstrating understanding of interpersonal communication skills.	Made an attempt to complete the reflection and demonstrated some understanding of interpersonal communication skills.	Did not complete the reflection or demonstrate understanding of interpersonal communication skills.	