

Name: _____ Date: _____

DIRECTIONS For this activity you will need to partner up (follow your teacher’s directions) and use this sheet as your guide. This is a role-play meant to practice the active listening skills and “I” statements presented in the *Interpersonal and Communication Process* presentation. Please use your presentation *Notes* as a guide to the various skills you should be demonstrating. Your teacher will come around to give encouragement and to also grade your use of the various skills.

1. Each partner should think of a brief, personal story (2 – 3 minutes) to tell his or her partner about. This story need not be overly dramatic or personal. Maybe tell about how well a class is going for you, or a sports story. Just be sure that the story is centered on you, has a beginning, middle, and end, and that it is something you know your partner would be interested in.

Please record your story below:

2. Now take turns telling your stories. The person not telling a story should use the active listening skills (refer to the handout if you have to). Because this is somewhat artificial, do your best, but imagine that you are just having a normal conversation.

Take notes here, if you need to, about your friend’s story.

3. “I” Statements: Now construct an “I” statement to rehearse with your partner. Record your “I” statement here (be sure to use the formula!).

4. Summarizing: Below please record the various skills that you used during this activity.
Active Listening Skills

5. “I” Statement
