

Name: _____ Date: _____

Reflection Handout #1:

Each day when you get back from your site, you will write a journal entry about what you experience throughout the day. You want to give a brief look at the tasks you performed during the day, but the majority of your entry should describe what you learned as a result of your work.

By the time you're done with this assignment, you will have written two paragraphs of reflection about your site work.

DIRECTIONS List some tasks you performed at site (you may have more than 5). In complete sentences, describe one interesting event, conversation, interaction, or issue that came up during your day (it may or may not be directly related to your site work). Why is it interesting or memorable to you?

DIRECTIONS Look at the tasks you performed and write one paragraph (4-7 sentences) about your day. When you return to write your next entry, you can refer to this instead of having to go through all the steps. Notice that writing a reflective journal entry is describing what you learned at site—not just telling what you did. Write about a combination of the following.

- What I enjoyed
- What I found difficult
- What really worked and why
- What I would do differently next time
